



CONCERNED ABOUT A YOUNG PERSON IN YOUR LIFE?

ARE THEY SUICIDAL?

- Expressing hopelessness about the future?
- Displaying severe/overwhelming emotional pain or distress?
- Talking about or making plans for suicide?
- Withdrawing from or changing social connections?
- Sleeping too much or too little?
- Agitated or irritable?
- Angry or hostile, particularly if out of character or context?

Learn more about
suicide prevention,
safe firearm storage, and
order free gun locks at
ndthrives.com



ND THRIVES
Rural & Tribal Youth Suicide Prevention

IN NORTH DAKOTA

suicide is a leading cause of death
among 10-17 year olds

FIREARMS

accounted for half of youth
suicide deaths in 2023 and were
usually found unlocked

ATTEMPTS WITH A GUN ARE MORE DEADLY

than attempts with other methods

LOCK YOUR GUNS

Putting time and distance between a
suicidal person and a gun may save a life

For other ways to help, call or text **988**